Curriculum Vitae

John Sumarah Professor Registered Psychologist Canadian Certified Counsellor Faculty of Professional Studies Acadia University Wolfville, Nova Scotia, B4P 2R6 902-585-1363

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## **Personal Profile**

John Sumarah is Professor of Education and Counselling in the Faculty of Professional Studies at Acadia University in Nova Scotia, Canada. He holds a Doctorate Degree in Counselling Psychology from the University of Toronto and has been teaching and researching at Acadia University for the past 27 years. He has published five books and numerous articles on Jean Vanier and the L'Arche movement. He has also published in the area of counselling and ethics. He has delivered dozens of workshops in the area of education and human services related to work with persons with developmental disabilities, his interest for the past 30 years. He has worked in France, India and Canada serving in a number of roles including Director of Agencies, Consulting Psychologist and Board Member. He has served on numerous University, Community, Provincial and National Committees. His Biography is listed in Canadian Who's Who.

## JOHN CHARLES SUMARAH

### **Curriculum Vitae**

#### **EDUCATIONAL HISTORY**

Doctorate Degree Department of Applied Psychology (Specialization: Counselling Psychology) Ontario Institute for Studies in Education University of Toronto, 1984

Master of Education Department of Applied Psychology (Specialization: Counselling Psychology) Ontario Institute for Studies in Education University of Toronto, 1980

First year of Master of Divinity Toronto School of Theology University of Toronto, 1978

Six month course in French language and Civilization La Sorbonne Paris, France, 1971

Bachelor of Arts St. Francis Xavier University Psychology, First Class Honors, 1969

## **EMPLOYMENT HISTORY**

Professor School of Education Acadia University July 1, 1997 to present

Associate Professor School of Education Acadia University July 1, 1989 to June 30, 1997 Assistant Professor School of Education Acadia University July 1, 1988-June 30, 1989

Assistant Professor School of Education (2/3 time) Director, University Counselling Centre (1/3 time) Acadia University July 1, 1983-June 30, 1988

Lecturer School of Education (2/3 time) Director, University Counselling Centre (1/3 time) Acadia University July 1, 1982-June 30, 1983

Work Support Assistant Metropolitan Toronto Association for the Mentally Retarded Toronto, Ontario September, 1978-July, 1979

Director, Group Home Metropolitan Mental Health Group Homes Association Halifax, Nova Scotia January-December, 1976

Director, L'Arche Community Bangalore, India September, 1972-December 1975

Workshop Manager L'Arche Community Trosly, France April, 1971-August, 1972

Itinerant Resource Teacher Halifax School Board Halifax, Nova Scotia January-June, 1970 Research Assistant Psychology Department St. Francis Xavier University Antigonish, Nova Scotia April-December, 1969

## **TEACHING ACTIVITIES**

## **Teaching Responsibilities**

**Bachelor of Education Program** 

Educational Psychology Issues in Special Education Teaching the Slow Learner Mainstreaming \* Philosophy of Education \*\* Seminar and Practicum in Education

Master of Education Program

Selective Counselling Strategies \* Group Counselling Vocational Development Seminar and Practicum in Counselling\* Teaching the Slow Learner \* Research Design and Statistics Independent Reading Courses Theories and Skills in Counselling

School of Divinity Program

An Introduction to Pastoral Care and Counselling\* Spiritual Formation/Direction\*

\*New course design and development

\*\*Major course revision to accommodate the objectives of the two-year B.Ed. program

1982-present I taught Continuing Education Courses in Counselling each year. I was a guest lecturer in ten classes.

#### **Teaching Development**

- 2007-present I taught in all Counselling Off Campus Cohorts including Halifax, Mulgrave and Yarmouth
- 2006 I developed a 100 page Handbook on Spiritual Formation/Direction for the Doctor of Ministry Program
- 2000 I developed a manual for the beginning counselor.
- 1996 I attended numerous workshops related to Acadia Advantage the introduction of information technology into the classroom.
- 1993 I attended a five-day course by Dr. Carolyn Humphreys on Marriage Counselling in Halifax, NS.
- 1986 I completed a five-day course on an Instrumental Enrichment Program in Toronto, Ontario.
- 1985 I completed a three-day course on the Social Role Valorization Program in Halifax, NS.

I attended seminars on teaching sponsored by Faculty of Management and Education and Acadia Faculty Development Committee.

I attended numerous one-day workshops in counselling and special education.

## **Masters Theses and In-depth Studies**

#### **Thesis Supervisor for:**

- 2008 Janet Stewart. "Comprehensive Guidance and Counselling Programs."
- 2005 Lisa Mader. "Men who abuse: Examining their emotional literacy."

- 2004 Darlene Messervey. "No Place Called Home: Exploring the Impact of Multiple attachment Disruptions on the Self-Construction of Female Youth in Foster Care."
- 2004 Alison Pluim. "Which Way to Blue? An Interpretive Journey of Self in Relation to Other."
- 2004 Susan Doiron. "The Integration of Psychosynthesis and Focusing as a Way of Addressing the Spiritual as Personal Transformation in the Counselling Process."
- 2003 Sonya Brown. "A Silent Weaving: Communication between nonverbal core members and assistants in L'Arche."
- 2003 Cate Mitchell. "Post Traumatic Stress and Spirituality: Addressing Spiritual renewal as an approach to healing in the treatment of Canadian soldiers."
- 2003 Anne Rozicki. "Childhood Sexual Abuse and Adult Female Obesiity."
- 2003 Hector MacPherson. "Early childhood messages and their influence on adult decision-making."
- 2003 Jan Hermiston. "Counselling practice and spiritual beliefs: Four perspectives."
- 2002 Edward Wolhmuth. "The experiences of correction workers to critical incident stress debriefings."
- 2002 Deborah Tufts. "Dying with dementia: Perspectives on adult women on the death of a parent."
- 2002 Jeannette MacKeen. "Promoting resiliency in children affected by family addiction"
- 2001 Anne Finlay. "The Turn Within: The Self in relation to Counselling."
- 2000 Colin Pottie. "Narrating Friendships: Reciprocal Relationships Between Persons With and Without Developmental Disabilities in L'Arche."
- 1999 Rhonda Nickerson-Smith: "Spiritual journeyers recovering from addictions."
- 1999 Mary VanDet. "Mediation: The Participant's Perspective."
- 1999 Laurie Moore. "Impact of Media on pre-adolescent girls."

- 1998 Marie Bousquet. "Moments of Transcendance: A Psycho-spiritual Interpretation of Psychic, Conversion and Mystical Experiences."
- 1996 Christine Perry. "How women deal with anger."
- 1996 Carole Ewert. "Case Study of two dissociative students."
- 1996 Alison Carpenter. "Sexuality and empowerment: facilitating women's critical self-consciousness."
- 1996 Randy Bowers. "Erospirituality: Sex, ecology and evolution: The ontopoetics of soul."
- 1993 Sheila Hosick. "The path to soul: Prisoners' perceptions of their personal change through Kairos Marathons."
- 1992 Doug McKibbon. "Employee assistance programs in Canada: Relationships between organizational design and staffing."
- 1991 Jill Smellie. "The "Magic" of recovery: Ex-patients perspectives."
- 1990 Allison VanNie. "Waiting for recognition: An inquiry into the social role of three persons with intellectual differences."
- 1989 Ruth Cole. "A participant observational study of the process of a junior high school collaborative team: A model for problem solving for the integrated classroom."
- 1989 Robert Arsenault. "Alcohol/drug education for incarcerated adult offenders in Nova Scotia: Staff and offenders' perspectives."
- 1988 Shirin Theophilus. "Perceptions of life experiences of international students in the initial years of their stay in a Canadian university."
- 1988 Susan Shaw. "Self-discrepancies in social-personal orientation."
- 1988 Mollie MacGregor. "Nursing today: From the practicing nurse's perspective."
- 1987 Edward Drodge. "The effects of a computer based program of career information on the vocational maturity of high school students."

1985 Ruth Arsenault. "Adolescents' perceptions of the effects of ordinal position in the family."

## In-depth Study Supervisor for:

- 1987 Brian Bergen. "Acadia needs survey."
- 1987 Keith Manzer. "An evaluation of activator programs designed for grades five and six students feeding into Digby Junior High."
- 1986 Elizabeth Starr. "Unconditional integration: A descriptive account."

## **Committee Member for:**

30 Graduate Students (Theses or In-depth Studies)

## 7 Independent Reading Courses 2007-08

### **Other Teaching Assignments**

- 1999 October Three days of teaching at the NS Community College in Sydney in the Teaching Assistant Program, the Community Residential Worker Program and the Psycho-social Program
- 1989 Jan-Feb "Communication Training" A four six-hour session given to Canadian Association of Community Living Outreach, Kentville, NS
- 2002-2003 Adjunct Lecturer, Acadia Divinity College

## Academic Counselling

I provide academic counselling to all full-time and part-time graduate students in counselling.

## **Supervision of Practical Internships**

Through the Seminar and Practicum in Counselling I provide supervision to full time and part time graduate counselling students. I arrange, in consultation with the students, the practicum setting and maintain contact with the on-site supervisors.

## SCHOLARLY ACTIVITY

#### **Books:**

Sumarah, J. (Ed.). (1996). A Network of Friends: The letters of Jean Vanier to the friends and communities of L'Arche (Vol. 3, 1984-1993). Hantsport: Lancelot Press.

. (Ed.). (1994). A Network of Friends: The letters of Jean Vanier to the friends and communities of l'Arche, (Vol. 2, 1974-1983). Hantsport: Lancelot Press.

\_\_\_\_\_. (Ed.). (1992). A Network of Friends: The letters of Jean Vanier to the friends and communities of l'Arche, (Vol. 1, 1964-1973). Hantsport: Lancelot Press.

- Sumarah, J., Morgan, S., & Nielsen, R. (Eds.). (1991). *Images of Love, Words of Hope*. Hantsport: Lancelot Press.
- Sumarah, J. (1989). On Becoming a Community: A Married Couple's Journey to L'Arche. Hantsport: Lancelot Press

#### **Chapters in Books**

Sumarah, J, Lehr. R., & Wheeldon, L. (2000) Confidentiality: Dialogue and Discernment. *Canadian Counselling Casebook*. Canadian Counselling Association.

#### **Articles (Academic and Professional)**

- Horvath, P., Bissix, G. Sumarah, J., Crouchman, & E. Bowdrey, J. (2008). Motivational orientation, expectations and vulnerability for depression in women. *The Journal* of Prevention and Intervention in the Community, 35(2), 19-32.
- Sumarah, J., & Cushing, P. (2007, December). The role of mutuality in being and becoming human. *Letters of L'Arche*, *123*, 16-19.
- Lehr, R., Lehr, A. & Sumarah, J. (2007). Confidentiality and informed consent: school counsellors' perceptions of ethical practice. *Canadian Journal of Counselling*, 41(1), 15-30.
- Sumarah, J. (2005). A Counsellor Educator's Reflection on Counselling, Accompaniment and Spiritual Guidance. *International Association for Counselling*, 15-17.
- Sumarah, J. (2005). Ethics for School Counsellors. Nova Scotia School Counsellor's Association Journal.

- Sumarah, J. (2004). One apostolic community: our way of life. *Harvest (CLC USA)*, 37(2), 9-15.
- Pottie, C., & Sumarah, J. (2004). Friendships between persons with and without developmental disabilities. *Mental Retardation*, 42(1), 55-66.
- Lehr, R., & Sumarah, J. (2004). Professional judgment in ethical decision-making: Dialogue and relationship. *Canadian Journal of Counselling*, *38*(1), 14-24.
- Sumarah, J. (2004). The foundational nature of relationships. Cognica.
- Sumarah, J., & Lehr. R. (2002). Catching the Vision: Guidance and Counselling in Nova Scotia Schools. *Canadian Journal of Counselling*, 36(1), 14-24.
- Sumarah, J., & Lehr. R. (2002). Factors Impacting the Successful Implementation of a Comprehensive Guidance and Counselling Program. *Professional School Counsellor*, 5(4), 292-297.
- Sumarah, J. (2002). Ethical Codes, Counselling Relationships and Professional Judgments. Nova Scotia School Counsellors Association Journal, 9(1), 6-10.
- Campbell, M., Robinson, B., Lehr, R., & Sumarah, J. (2002). Why Engage in Ethical Practice and Reflection. Nova Scotia School Counsellors Association Journal, 9(1), 1-5.
- Sumarah, J. (2000). L'Arche and Community-Based Residential Services: Similarities and Differences. National Apostolate for Inclusion Ministry. 32(1), 10-12.
  - \_\_\_\_. (1998). Guidance and Counselling in Nova Scotia Schools. *Nova Scotia School Counsellors'Association Journal*, 7(1), 7-17.

. (1998). Counsellor Education: What's the Interest? *Nova Scotia Association* of *Professional Counsellors Newsletter*.

. (1997, February). My Ministry as a University Teacher. *The Second Mile*.

\_\_\_\_\_. (1996, December). The Letters of Jean Vanier: Extending the Acts of the Apostles. *The Second Mile*, 9-14.

. (1995, December). Christmas messages from Jean Vanier. *The Second Mile*.

. (1994). Learning from Jean Vanier about Mental Health. Guidelines for

Mental Health and Well-Being, 1, 23-25.

. (1993, Feb./Mar.). Special needs: Humane response. *TEACH*, 12.

\_\_\_\_\_. (1993). Exceptionality and service delivery: A critical juncture. <u>National</u> <u>Apostolate with Mentally Retarded Persons, 24,1</u>, pp. 22-25.

. (1992, December). Faith and work: A personal view. *The Second Mile*, 11-15.

- Drodge, E., & Sumarah, J. (1990). The effects of the computer-based program 'career search' on the vocational maturity of grade nine students. *Canadian Journal of Counselling*, 24(1), 26-35.
- Sumarah, J. (1989). Metaphors as a means of understanding staff-resident relationships. *Mental Retardation*, 27(1), 19-23.

\_\_\_\_\_. (1989, December). Jean Vanier: The man and his message. *The Second Mile*, 25-29.

. (1988). L'Arche from a participant observer's perspective: the creation of universal community. *International Journal of Special Education, 3*(2), 185-196.

- Sumarah, J., Maksym, D., & Goudge, J. (1988). The effects of a staff training program on attitudes and knowledge of staff towards the sexuality of persons with intellectual differences. *Canadian Journal of Rehabilitation*, 1(3), 169-175.
- Sumarah, J. (1987). International L'Arche from the inside out: a personal sense of agency and community. *International Journal of Special Education*, 2(1), 81-98.

\_\_\_\_\_. (1987). The philosophy and ideology of L'Arche. *Mental Retardation, 25*(3), 165-169.

\_\_\_\_. (1987). Thinking skills in the junior general classroom. *Junior General Teachers Association Bulletin*, King's County, 8-11.

. (1986). The philosophy and ideology of L'Arche. *The Canadian Journal of Exceptional Children*, 2(3), 97-100.

. (1982). Growth inside L'Arche communities. *Letters of L'Arche, England,* 34, 19-20.

## **Reports:**

Sumarah, J. & Cushing, P. (2007). The Philosophical Anthropology of L'Arche.

- Lehr, R., Lehr, A. & Sumarah. J. (2004). Confidentiality, Informed Consent, Note Taking And School Records: Current and Future Practices of School Counsellors in Nova Scotia Schools. Report submitted to the Department of Education
- Lehr. R. & Sumarah, J. (1999). An Evaluation of the Comprehensive Guidance and Counselling Program. Submitted to the Department of Education.
- Sumarah, J. (1998). Comprehensive Guidance and Counselling Program. A document produced by the Department of Education and Culture. Contributor and Co-editor.

. (1996). "Learning through interdependence." A consultant's report submitted to the Cape Breton Resi-Care Association.

. (1994). Editor. "Light and Shadows: A story about trust." One hundred and fourteen page manuscript printed at Acadia University.

- Denton, L. & Sumarah, J. (1990). A one hundred page Evaluation Report of the Maritime Parent Sexuality Education Project, submitted to the project's Inter-provincial Steering Committee and the Health Promotion Directorate Branch of Health and Welfare Canada.
- Sumarah, J. (1989). A consultant's report submitted to the Psychology Department of King's Regional Rehabilitation Centre.

. (1987). Evaluation Report of Project Get Sexuality Education Training, submitted to the project's Steering Committee and the Health Promotion Directorate Branch of Health and Welfare Canada.

## AWARDS AND RESEARCH CONTRACTS

2004	Provincial Department of Education Ethics and counselling files and records	\$5200.00
2000	SSHRC Institutional Grant	\$3656.00
1999	Faculty of Professional Studies Comprehensive Guidance and Counselling	\$2000.00

1999	Department of Education and Culture	\$3000.00
1998	SSHRC General Grant Competition Comprehensive Guidance and Counselling	\$1926.00
1996	AUFA Research Award, L'Arche and Community Living	\$500.00
1995	AUFA Research Award, Perceptions of a Change Process	\$710.00
1994	SSHRC General Grant Competition, The Letters of Jean Vanier, Volume 3	\$640.00
1993	AUFA Research Award, The Letters of Jean Vanier, Volume 3	\$1200.00
1993	AUFA Research Award, The Letters of Jean Vanier, Volume 2	\$1500.00
1992	Challenge Seed Grant, The Letters of Jean Vanier, Volume 2	\$1750.00
1992	AUFA Research Award, ( Research Group, School of Education) Teacher Education	\$1200.00
1991	SSHRC General Grant Competition, The Letters of Jean Vanier, Volume 1	\$664.00
1990	SSHRC General Grant Competition, (with J. Wendt) Development of prospectus on Integration: Teachers and Support	\$1500.00
1990	Challenge Seed Grant, The Letters of Jean Vanier, Volume 1	\$1487.50
1988-1990	Evaluation Research Contract, (with L. Denton) Maritime Parent Sexuality Education Project Health and Welfare Canada	\$45000.00

1985-1987	Evaluation Research Contract, Project Get Sexuality Education Training Health and Welfare Canada	\$5000.00
1986	Harvey T. Reid Summer Research Award, On Becoming a Community: A Married Couple's Journey to L'Arche	\$780.00
1985	Educational Research Contract, (with J. Wendt) Development of Special Needs Survey for Indian and Northern Affairs Canada	\$500.00
1985-1989	Consulting Psychologist Counselling Services Department of Psychology Kings Rehabilitation Centre	\$5000.00
1983	Harvey T. Reid Summer Research Award Doctoral Dissertation Support	\$2135.00

## RECOGNITIONS

Honorary Life Membership Certificate Nova Scotia School Counsellors Association 1998

Biography listed in <u>Canadian Who's Who</u> 1994-present Published books are cited.

Research Excellence Award Faculty of Management and Education Acadia University, 1995

Ontario Graduate Scholar O.I.S.E. (University of Toronto) 1980 to 1982

Student Award National Institute on Mental Retardation 1979

# **External Refereeing Duties**

2009	Letter of support nominating Jean Vanier for the Noble Peace Prize
2008	External Evaluator for Dr Warnie Richardson's application for promotion to Full Professor, Nipissing University
2007	External Evaluator for Dr. Michelle Forrest's application for tenure/ promotion, Mount Saint Vincent University
2006	External Evaluator for Dr. M. Cooley's application for tenure/promotion, University of Alberta.
2005	Reviewed 2 articles for Canadian Journal of Counselling, 1 article for Journal of Prevention and Intervention in the Community
2004	External Reader for Master's thesis, St FXU.
2003	External evaluator for Dr. Pare's application for promotion at the University of Ottawa.
2001-2003	Supervised candidate for psychology registration. Two hours of supervision per month.
2001	Reviewed three PhD dissertations in Counselling for National Award
1998-1999	Supervised candidate for psychology registration. Two hours of supervision per month.
1995-1996	Reviewed two SSHRC applications on the topic of Inclusive Education.
1994-1995	Adjunct Professor, Norwich University, Vermont, Supervised entire MA. Counselling Program, including thesis, for Nova Scotia student.
1994	Reviewed Qualifying Research Paper for doctoral candidate (OISE) University of Toronto.
1993	Reviewed book for Lancelot Press, "A New Relationship" by William Pope.

1993	Supervised candidate for psychology registration. Involved monthly meetings to discuss counselling practice.
1990	Reviewed article for The American Association on Mental Deficiency Journal, "Mental Retardation."
1989	Reviewed article for "The Canadian Journal of Counselling."
1987	Reviewed book "Tristan - physically and mentally handicapped socially and spiritually gifted" by Suzanne Schuurman. Review appeared in several newsletters and journals.
1986	Supervised candidate for psychology registration. Involved monthly meetings to discuss counselling practice.

## **External Thesis Examiner for:**

- 2009 External Reader, PhD Thesis, UBC. Hope at work: Stillman Jacquard.
- 2009 External Reader, DMin, Peter Reid, Spiritual Formation for Congregations, Acadia Divinity College
- 2008 External Reader for MA Thesis in Counselling Psychology Trinity Western University. Angela Johnson
- 2007 External Reader for PhD Thesis, University of Alberta. Counsellor-Based Anxiety in Counsellor Development. Andrew Smith
- 2005 External Reader for PhD Thesis, UBC. Identification of Intrinsic,
   Interpersonal and Contextual Factors Influencing Disengagement from
   High Performance Sport. Colleen Quee-Newell
- 2004 External Reader for Master's Thesis, St. FXU. The transition from guidance to administration.
- 2002 Hosick, Jeff. Music and metaphor in the healing of shame. PhD. University of Minnesota.
- 2000 Hicks, Bruce. Experiential learning in ministry. D.Min. Acadia Divinity College.
- 1999 Watt, David. The value and importance of home visitation. D.Min. Acadia Divinity College.

- 1995 Rennie, Robert. Elements of christian conversion. D.Min. Acadia Divinity College.
- 1990 Corbett, Michael. Mental retardation and ideology: A theoretical and practical critique of curative ideologies. MA. Acadia University.
- 1988 Bottas, Bernice. Physically disabled adults and high tech learning. Ph.D. University of Alberta.

## **Professional Memberships**

International Association of Counselling Canadian Counselling Association International Association of Special Education Nova Scotia Association of Psychologists Nova Scotia Association of Professional Counsellors Phi Delta Kappa

## **Presentations:**

All presentations were invited and based on academic expertise.

Date	Description	Audience
2009 Jun 10-12	Facilitated and presented at three day L'Arche Retreat Wolfville, NS	60
2009 Apr 23-26	Process Guide and principal report writer for National Conference on Ignatian Spirituality	120
2006 Jun 2	Teaching in Kenya Sault Ste Marie, ON	250
2006 Apr 22	Life of Adolescents in Kibera, Kenya Cuise, France	25
2006 Mar 30	CLC Canada St Asaph, Wales	30
2005 Dec 1&2	Retreat talks Jesuit Aspirants	30

# Nairobi, Kenya

2005 Nov 30	Key note address St Al's School Assembly Nairobi, Kenya	140
2005 Nov 21	Day of Reflections St Al's School Nairobi, Kenya	140
2005 Nov 11-14	Three day CLC Retreat Kisii, Kenya	25
2005 Feb 4-6	Conflict and team building Pictou, NS	10
2005 Jan 27	Spirituality: the longing for connection to self, others and divine mystery Wolville, NS	30
2004 Nov 30	Prayer Wolfville, NS	20
2004 Nov 9	L'Arche and Human Services Wolfville, NS	20
2004 Oct 26	The Life of Jean Vanier Wolfville, NS	20
2004 Oct 22	Ethical issues in Counselling NSSCA Halifax, NS	60
2004 Oct 15	Guest Speaker Topics in Counselling Halifax, NS	22
2004 Sept 17-19	Training Group Guides Pictou, NS	10
2004 Sept 21 & 23	Spirituality and Community Wolfville, NS	20

2004 Sept 30	Jean Vanier: Model of living faith Antigonish, NS	20
2004 Jun 12	Panel Participant Learning Disabilities Nova Scotia Association of Professional Counsellors	50
2004 May 29	Key note address National Conference of CLC Lethbridge, Alberta	80
2004 Jan 20	Team Building L'Arche, Antigonish, NS	15
2003 Aug 1-10	World Group Leader CLC Nairobi, Kenya	10
2003 Apr 29	Care, Communication and Conflict L'Arche, Antigonish, Nova Scotia	20
2003 Mar 27	Caring for others, caring for ourselves Halifax School Board Counsellors (with L.Wheeldon)	30
2003 Jan 24	Ethics Workshop with R. Lehr Chegnecto Central School Board	30
2002 Apr 16	Key note address to Valley Counsellors Kingston, NS	50
2002 Mar19	Half day workshop on the therapy of l'Arche. Antigonish, NS	30
2001 Jun	Human Service Delivery, International Association of Counselling, Mumbai, India.	25
2001 Mar 29	Half day workshop on Counselling Strategies, Valley Counsellors, Berwick, NS.	25
2001 Jan-Mar	Three one-day workshops on Values, Communication and Behaviour. Conway Association, Digby, NS.	30
2000 Dec	Ethics of Counselling. Presented to the Guidance	25

	Counsellors in the CB Victoria School Board, Sydney, NS	
2000 Dec	Comprehensive Guidance and Counselling: An Overview presented to Advisory groups from the CB Regional School Board, Glace Bay, NS.	120
2000 May 20	Research findings on the Comprehensive Guidance and Counselling Program in Nova Scotia, Charlottetown, PEI.(with R.Lehr)	15
1999 Oct 22	An Evaluation of the Comprehensive Guidance and Counselling program. NS School Counsellors Association Conference. (with R. Lehr)	40
1999 Jun 8	L'Arche and Human Services Presentation at annual meeting of L'Arche Antigonish	50
1998 Dec 15	One day workshop on "L'Arche and Human Services" Truro, NS.	25
1998 Oct 27	"L'Arche and Human Sevices" Presentation to Board of Directors of Homefires Society.	12
1998 Jun 22	"An Ecological Overview" Guest speaker, Annual meeting of L'Arche Homefires Society.	70
1998 May 15/16	Facilitator, Therapeutic Christians Annual Retreat. Halifax, NS.	15
1998 Feb 19/20	"Values and Principles in Human Services. A two-day workshop for Residential Care Workers, Sydney, NS.	12
1998 Feb 17	A three-hour formation session of the Therapy of L'Arche. Wolfville, NS.	20
1997 Nov 22	"Respect for Differences Workshop" Horton High School.	40
1997 Nov 17	"Presentation on Comprehensive Guidance and Counselling" Teachers, Administrators, Sydney, NS.	35
1997 Oct 24	"Key Note Address for the Nova Scotia School Counsellors Association Annual Conference." Chester, NS.	200

1997 Oct 6/7	"Values and Principles In Human Services" Residential Care Workers, Sydney, NS.	15
1997 Aug 18/19	"Comprehensive Guidance and Counselling Programme" A two-day workshop. Principals and Guidance Counsellors Truro, N.S.	45 S,
1997 May 16	"Lessons from Jean Vanier and L'Arche" Panel presentation, Sydney, N.S.	200
1997 May 8/9	"Learning through Interdependence" A two-day workshop. Residential Care Workers. Sydney, N.S.	20
1997 Mar 3/4	"Learning through Interdependence" A two-day workshop. Residential Care Workers, Sydney, N.S.	20
1996 Nov 5/19/26	"Values and Principles in Human Services" A one-day workshop. Residential Care Workers, Dartmouth, N.S.	25
1996 Nov 24	"Jean Vanier:Modern day St. Paul" A talk presented at the Covenanter Church, N.S.	25
1996 Nov 19	"Values and Principles in Human Services" A one-day workshop. Residential Care Workers, Dartmouth, N.S.	25
1996 Oct 19	"How to work with groups" A two-hour workshop. High School Students.	40
1996 Aug 15/16	"Comprehensive Guidance and Counselling" A two-day workshop for Principals and Guidance Counsellors, Truro, N.S.	25
1996 Apr 23	"The philosophy and ideology of L'Arche" A one-hour presentation. L'Arche Board of Directors, Wolfville, NS	10

1996 Mar 26	"L'Arche and Human Services: Similarities and differences" A one-hour presentation. L'Arche Board of Directors, Wolfville, NS	10
1996 Feb 3	"Values and principles" A one-day workshop. Residential Care Workers, Yarmouth, NS	20
1995 Nov 10	"Values and principles" A one-day workshop. Residential Care Workers, Halifax, NS	20
1995 Oct 27	"Values and principles" A one-day workshop. Residential Care Workers, Bridgewater, NS	20
1995 Apr 18	"L'Arche in the modern world" A two-hour presentation. L'Arche Assistants, Wolfville, NS	20
1995 Apr 15	"Values and Principles." A one-day workshop. Residential Care Workers, Associated Homes for Special Care, Sydney, NS	20
1995 Apr 13	"Relationships: The heart of the matter" A one-day workshop. Residential Care Workers, LaHave Manor, Bridgewater, NS	30
1995 Mar 26	"Linkages: The strength of a circle" A one-day workshop. Black, micmac, and white communities, Coady International, Antigonish, NS	50
1995 Mar 8	"Relationships: The heart of the matter" A one-day workshop. Residential Care Workers, LaHave Manor, Bridgewater, NS	30
1995 Jan 11	"Relationships: The heart of the matter" A one-day workshop. Residential Care Workers, LaHave Manor, Bridgewater, NS	30
1994 Nov 14	"Pastoral Communication Skills" A two-hour workshop. Pastoral Care Workers, Halifax, NS	35
1994 Jun 6	"Values and Principles" A one-day workshop. Residential Care Workers, Associated Homes for Special Care, Halifax, NS	20

1994 May 2	"Values and Principles" A one-day workshop. Residential Care Workers, Associated Homes for Special Care, Kentville, NS	20
1994 Apr 29	"Values and Principles" A one-day workshop. Residential Care Workers, Associated Homes for Special Care, Truro, NS	20
1994 Apr 25	"Values and Principles." A one-day workshop. Residential Care Workers, Associated Homes for Special Care, Sydney, NS	20
1993 Nov 22	"L'Arche and Human Services: Similarities and differences" A three-hour presentation. L'Arche Assistants, Wolfville, NS	20
1993 Nov 8	"Pastoral Communication Skills" A two-hour workshop. Pastoral Care Workers, Halifax, NS	35
1993 Oct 20	"Faith in What and in Whom: A Psychological and Spiritual Perspective on Faith" Hayward Lecture Series, Acadia University	110
1993 Sep 18	"L'Arche and Human Services: Similarities and Differences" A three-hour presentation. L'Arche Board of Directors, Wolfville NS	15
1993 Jun 22	"Deepening Relationships in Community" A three-hour presentation. L'Arche Assistants, Wolfville, NS	15
1993 Feb 23	"Gentle Teaching" A two day workshop. Community Living Alternatives Society, New Minas, NS	20
1992 Dec 16	"Gentle Teaching" A two day workshop. Community Living Alternatives Society, New Minas, NS.	20
1992 Nov 24-26	"Facilitator, Gentle Teaching Core Groups" A three-day workshop with staff from Cape Breton Resicare Association, Kinsmen Resource Centre, Cape Breton Hospital, Sydney, NS	10
1992 Oct 23	"Adaptive Counselling" Two one-hour presentations. NS School Counsellors' Association, Antigonish, NS	60

1992 Oct 2	"Psychology of Accompaniment" A one-day workshop. L'Arche Assistants from Ontario, Quebec and Atlantic Canada in Montreal, PQ	50
1992 Sep 14-16	" Gentle Teaching" A two-day follow-Up" Co-facilitator (with L. Wheeldon) Staff for persons with mental handicaps, New Glasgow, NS	24
1992 Apr 19	"Values and Principles" A one-day presentation. Residential Care Workers, Gateway Homes Inc., Halifax, NS	30
1992 Mar 29-Apr 3	"Gentle Teaching" A five-day follow-up workshop. Four Associations for persons with intellectual handicaps, Sydney, NS	80
1992 Feb 8	"The Role of L'Arche in Human Services" A three-hour presentation. L'Arche Board Members and Directors from eastern Canada and USA, Wolfville, NS	10
1992 Jan 8	"Values and Principles" A one-day workshop. Residential Care Workers from Associated Homes for Special Care, Halifax, NS	20
1991 Nov 27	"Values and Principles" A one-day workshop. Residential Care Workers from Associated Homes for Special Care, Truro, NS	10
1991 Nov 13	"Values and Principles" A one-day workshop. Residential Care Workers from Associated Homes for Special Care, Sydney, NS	20
1991 Jun 3-7	"Gentle Teaching" A five-day follow-up workshop. Four Associations for persons with intellectual handicaps Sydney, NS	80
1991 Jun 5	"Human Services at the Crossroads" Annual meeting lecture. Cape Breton Resicare Association, Sydney, NS	100
1991 Jan 11	"Values and Principles" A one-day workshop. Residential Care Workers, Kentville, NS	20

1991 Jan 10	"Values and Principles" A one-day workshop. Residential Care Workers, Halifax, NS	20
1991 Jan 9	"Values and Principles" A one-day workshop. Residential Care Workers, Sydney, NS	20
1990 Oct 22-26	"Gentle Teaching" A five-day follow-up workshop. Four Associations for persons with intellectual handicaps, Sydney, NS	80
1990 Oct 23	"Gentle Teaching" A public lecture. Sydney, NS	25
1990 Jul 2-6	"Gentle Teaching" A five-day follow up workshop. Four Associations for persons with intellectual handicaps, Sydney, NS	80
1990 Jul 3	"Gentle Teaching" A public lecture, Sydney, NS	25
1990 Apr 27	"Leadership Styles" A one-day workshop. L'Arche Directors from North America Zone, Halifax, NS	30
1990 Apr 18-19	"Resident Respect" A two-day workshop. Residential Care Workers, Sydney, NS	40
1990 Mar 12-14	"Gentle Teaching" A two-day workshop. Residential Care Workers, Sydney, NS	20
1990 Mar 2-4	"The Therapy of L'Arche" A two-day workshop. L'Arche directors and assistants from Eastern Canada and USA, Wolfville, NS	25
1989 Dec 8	"Integration at the Secondary Level: Vision, Goals and Strategies" A half-day workshop. Teachers and administrators, Hants West High School, NS	30
1989 Nov 10	"Resident Respect" A half-day workshop. Association of Community Living, Kentville, NS	25
1989 Oct 15	"Group Skills and Roles" A half-day workshop. Registered Nurses, Department of Health and Fitness, Wolfville, NS	22

1989 May 19	"Middle School Integration," (with J. Wendt) A one-day workshop. Teachers and Administrators, Guysborough, Richmond, Antigonish, Inverness Counties, NS	75
1989 Mar 17-19	"Youth Leadership Training Weekend" Facilitator, Multicultural Department of Secretary of State, Antigonish, NS	30
1988 Dec 9	"Resident Respect" A one-day workshop. South Shore Community Service Association, Chester, NS	30
1988 Dec 2	"Integration Strategies" (with J. Wendt) A one-day workshop. Teachers and Administrators, Port Hastings, NS	65
1988 Nov 18	"Integration: Philosophy, Principles and Practices" A half day workshop. Teachers, New Minas Elementary School, NS	25
1988 Nov 14	"Enhancing Resident Respect" Guest Speaker, Annual Meeting of Regional Residential Services Society, Halifax, NS	60
1988 Sep 20	"Integration: Issues and Concerns for Teachers" A half-day workshop. Teachers, Glooscap Elementary School, Canning, NS	30
1988 Jun 27	"Resident Respect" A one-day workshop. Supervisors of Residential Services, Truro, NS	50
1988 Apr 29	"Integration: An Historical Perspective" A half-day workshop. Teachers, Central Kings High School, NS	60
1988 Mar 29	"L'Arche: Its Implications for Christian Ministry" A one-hour presentation. Student Christian Movement Workers, Acadia University	12
1988 Mar 24	"Philosophy and Principles of Integration" A half- day workshop. Kings County Teacher In service, Wolfville, NS	50

1987 Nov 18	"Meeting the Needs of Individual Students" (with J. Fraser) A one-day workshop. Administrators of four School Districts, Antigonish, NS	50
1987 Oct 6	"Thinking Skills" A one-day workshop. Kings County Junior General Teachers In-service, Wolfville, NS	65
1987 Apr 19	"Attitudes, Beliefs and Values" A half-day workshop. Staff Training Program, Kings Regional Rehabilitation Centre, Waterville, NS	10
1987 Apr 11	"The Therapy of L'Arche" A one-day workshop. L'Arche Assistants, Eastern North American Region, Wolfville, NS	20
1987 Feb 26	"Human Services: A Broadened Perspective" A half- day workshop. Staff Training Program, Flower Cart, New Minas NS	15
1986 Apr 19	"Attitudes, Beliefs and Values in Human Services" A half-day workshop. Kings Regional Rehabilitation Centre Training Program, Waterville, NS	10
1986 Mar 5	"Youth Suicide" A two-hour presentation. Inter-School Christian Federation and Central Kings High School, Cambridge, NS	30
1986 Jan 28	"The Philosophy of Integration" (with J. Wendt), A two-hour presentation. Parents and Educators, Canadian Association of Community Living, Halifax, NS	25
1985 Oct 18	"Pre-School Mainstreaming" A one-hour presentation. Parents, Acadia Child Development Centre, Wolfville, NS	25
1985 Apr 29	"Attitudes, Beliefs and Perceptions of Mentally Handicapped Persons" A half-day presentation. Staff, Kings Regional Rehabilitation Staff Training Program, Waterville, NS	10
1985 Mar 29	"Youth Leadership Weekend" A one-day workshop. Students, Multicultural Department of the Secretary of State, Antigonish, NS	30

1984 Nov 12	"Counselling Adult Learners," (with J. Foster & J. Fraser) A one-hour presentation. Continuing Learning Association of NS, Wolfville, NS	50
1984 Nov 5	"Career Planning and Decision Making" A one-hour presentation. Horton District High School, Greenwich, NS	100
1984 Oct 19-21	"Listening and Counselling" A half-day workshop. L'Arche Assistants, L'Arche Renewal, Antigonish, NS	50
1984 Sep 29	"Ethics and Issues of Behavioral Management Programs" A one-hour presentation. Staff and Parents, The Canadian Association of Community Living, Halifax, NS	45
1984 Mar 31	"The Spirit of L'Arche" A one-hour presentation. Annual Meeting of Homefires Association, Wolfville, NS	35
1984 Jan 25	"Communication Skills" A one-day workshop. Social Workers, Kings County Family and Children Services, Kentville, NS	20
1983 May 15	"The L'Arche Movement" A one-hour presentation. Annual Meeting Homefires Association, Wolfville, NS	25
1983 Feb 21	"The Role of the Guidance Counsellor" A one-hour presentation. Kings County Counsellors In-Service, Cambridge, NS	8

## SERVICE

# Service to the University

## Positions

2007	Acadia Representative Counselling Programs in Nova Scotia, Department of Education.
1999	Acadia representative on the Counselling Ethics Protocol Committee, Department of Education and Culture.

<ul> <li>1995-1997 Acadia representative on the Nova Scotia Task Force for the Comprehensive Guidance and Counselling Program, Department of Education and Culture.</li> <li>1995-96 Acadia representative on the Nova Scotia Inter-university Teacher Education Council</li> <li>1994-1995 Acadia representative on the Academic Transition Committee. Committee of CONSUP to implement changes in Teacher Education for the province of Nova Scotia</li> <li>1988 Acadia representative to MPHEC regarding survey of post-secondary needs of students with learning disabilities</li> <li>1987-present Acadia representative on Grievance Committee for Atlantic Child Guidance Centre</li> <li>1982-1988 Director, University Counselling Centre Involved managing the Centre, two psychologists and a secretary/receptionist as well as providing counselling services and workshops for the university. Twenty hours per week</li> </ul>	1997-1999	Acadia representative on the Advisory Board for the Comprehensive Guidance and Counselling Program, Department of Education and Culture.
Education Council1994-1995Acadia representative on the Academic Transition Committee. Committee of CONSUP to implement changes in Teacher Education for the province of Nova Scotia1988Acadia representative to MPHEC regarding survey of post-secondary needs of students with learning disabilities1987-presentAcadia representative on Grievance Committee for Atlantic Child Guidance Centre1982-1988Director, University Counselling Centre Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and 	1995-1997	Comprehensive Guidance and Counselling Program, Department of
<ul> <li>of CONSUP to implement changes in Teacher Education for the province of Nova Scotia</li> <li>Acadia representative to MPHEC regarding survey of post-secondary needs of students with learning disabilities</li> <li>Acadia representative on Grievance Committee for Atlantic Child Guidance Centre</li> <li>Director, University Counselling Centre Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and workshops for the university.</li> </ul>	1995-96	-
<ul> <li>needs of students with learning disabilities</li> <li>1987-present</li> <li>Acadia representative on Grievance Committee for Atlantic Child Guidance Centre</li> <li>1982-1988</li> <li>Director, University Counselling Centre Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and workshops for the university.</li> </ul>	1994-1995	of CONSUP to implement changes in Teacher Education for the province
Guidance Centre 1982-1988 Director, University Counselling Centre Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and workshops for the university.	1988	
Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and workshops for the university.	1987-present	•
	1982-1988	Involved managing the Centre, two psychologists and a secretary/ receptionist as well as providing counselling services and workshops for the university.

# Presentations to University Community

2001 Jan 16	Guidance and Counselling in Nova Scotia Schools	15
1999 Jun 3	Nurturing the Spiritual, a two-hour presentation	45
1999 May 25	Exploring the Spiritual, a two-hour presentation	45
1998 Feb 8	Sermon at Acadia University Chapel	30
1995 Apr 24	"Scholarship in the School of Recreation and Physical Education" Acadia University	15
1992 Oct 1	"University Stress and How to Cope" Acadia Counselling Society	50

40		
1987 Nov 15	"Ethnographic Research in Education" Faculty and Students, Acadia University	20
1987 Sep 19	"Writing Skills" Continuing Education, Acadia University	25
1987 Feb 10	"Can A Psychologist be a Christian?" Student Christian Movement Acadia University	t 12
1987 Jan 28	"Ethnographic Research in Education" Faculty and Students, Acadia University	20
1987 Jan	"Resume Writing" Acadia University	70
1986 Sep 100	"Study Skills" Continuing Education Students, Acadia University	
1986 Jan	"Resume Writing" Acadia University	70
1984 Oct 20	"Ethnographic Research in Education" Faculty and Students, Acadia University	20
1983 Nov 8	"Science and Tradition" Panelist, Acadia Medieval and Renaissance Society, Wolfville, NS	45

"Faith and Work" Faculty and Students, Acadia Divinity School

# **University Committees**

1990 Feb 9.

Departmental Review Committee Cognate Member 2008-2009 Music and Recreation Management

AUFA Appeals Committee 2004-2005

Senate 2003-2005

University Review Committee 2000-2003

Nominating Committee AUFA 2001-2004

Research Awards Committee Faculty of Professional Studies 1998-1999

Chaplaincy Committee 1998-2001

University Curriculum Committee 1997-1999

Scholarship, Prizes and Awards Committee 1994-1997

Board of Governors Faculty of Management and Education Representative 1993-1996 (Executive, 1995-96)

University Review Committee Alternate for Management and Education 1995-1996

Graduate Studies Senate Sub-committee 1991-1994

Senate Curriculum Committee 1989-1990

Adjudication Committee SSHRC General/Small University Grants 1989-1990

Grievance Committee 1986-1987

Search Committee Director of Student Services 1985

Library Committee 1984 to 1987

## **School of Education Committees**

Departmental Review Committee 4 Applications 2008-2009

Departmental Review Committee 1 Application 2007-2008

Departmental Review Committee 8 Applications 2006-2007

Departmental Review Committee 3 Applications 2004-2005

Search Committee Counselling 2004

Departmental Review Committee School of Business 2004

Search Committee 4 TT Positions 2002-2003

Departmental Review Committee 2001-2002

Search Committee 5 TT Positions 2000-2001 Search Committee for Counsellor Education position 1999

Search Committee for Director 1997-1998

Search Committee for Counsellor Education position 1997-1998

Coordinator full time graduate students !995-1998 Managing the selection and on going issues of full time graduate education students

Advisory Committee to the Director 1995-1996

Search Committee Two tenure track positions 1996

Rationalization Committee responding to the Provincial Review of Teacher Education. I also co-authored the Self-Study Report required for the review. 1992-1994

Staffing Committee 1993-1994

Departmental Review Committee 1992-1993

Planning Committee L.D. Conference 1992, 1990

Co-ordinator, M.Ed. Counselling Programme Selection Process 1992

Departmental Review Committee 1991-1992

Search Committee Two tenure track positions 1991-1992

Search Committee Co-ordinator of Part-time Programs 1989

Program Review Committee 1988-1990

M.Ed. Special Education Committee 1988-1990

Search Committee Faculty appointments 1987, 1984

Two Year B.Ed. Planning Committee I co-designed the first two-year B.Ed. program in NS 1985-1986

## **Community Service Positions**

CCA Ethics Adjudication Committee 2007- Present

Member Board of Directors Intercordia 2003-2004

Member, Program Committee Canadian Counselling Association Conference for 2003

Presenter, Acadia Christian Fellowship October 11, 2002

Presenter and facilitator Baptist Church Retreat September 27-28, 2002 Organizing Committee Atlantic Regional CLC Halifax, Aug 23-25, 2002

Member, Organizing Committee Jean Vanier's weekend with 250 youth Camp Aldershot, NS

Executive Member Family and Children Services Kentville, NS 2000-2004

Member, Board of Directors Nova Scotia Association of Professional Counsellors 2000-2001

Consultant for Spirituality Series Spring and Fall, 1999 Wolfville, NS

Member, Organizing Committee for Creative Strategies with Truus Garaets November 1999

Member, Board of Directors Robert Pope Foundation 1998-1999

Registered Psychologist Province of Nova Scotia 1984-present

Member of the Organizing Committee "Jean Vanier and L'Arche in Nova Scotia" Public Event at the Dartmouth Sportsplex May 22, 1995 2700 people

Executive Member Phi Delta Kappa Acadia Chapter 1994-1997 Member Crisis Intervention Team Kings County District School Board 1992-present

Member Community Council L'Arche Homefires 1991-1992

Community Psychologist L'Arche Homefires 1989-1991

Member of the Selection Committee for the Regional Co-ordinator of L'Arche Antigonish, Nova Scotia August 24-26, 1989

President of Board of Directors L'Arche Homefires 1987-1989

Member, Board of Directors L'Arche Homefires 1983-1987

Guidance Committee Educational Survey Kings County District School Board 1983-1984

## Presentations

2003 May 23-25	Facilitated CLC Retreat Saint John, NB	10
2003 Mar 9	"The Meaning of Prayer." Acadia Chapel	60
2001 Jan 13	"Personal and Communal Discernment" Moncton, NB	40

2000 July 14	"Working with Small Faith Sharing Groups" Moncton, NB	40
1999 Jan 24	"Christian Unity" Wolfville, NS	100
1994 Oct 24	"Intimacy and Community." (with C. Sumarah) Baptist Church, Wolfville, NS	25
1991 Oct 11-13	Co-facilitator, Weekend workshop for Catholic students from Atlantic Canada Universities, Halifax, NS	75
1994 Oct 2	"Small Faith Sharing Groups" (with C. Sumarah) Atlantic School of Theology, Halifax, NS	20
1989 Sep 15-17	"The Eastern Region of L'Arche" Halifax, NS	15
1989 Sep 13	"Lay Presiding" Valley Deanery, Middleton, NS	35
1987 Sep 27	"University Students' Concerns: Implications for Ministers, Wolfville, NS	20