

**SEMINAR AND PRACTICUM IN COUNSELLING**  
**EDUCATION 5066**

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**COURSE DESCRIPTION**

This course is at the core of the Counselling Program at Acadia. The Seminar and Practicum in Counselling assists students in the development of skills, attitudes and knowledge required for a counselling/therapeutic relationship. In the practicum part of the course, students are provided with an opportunity to acquire counselling experiences in an appropriate counselling setting. The seminar component of the course allows students to share with others about their counselling experiences.

**RATIONALE**

Counselling is an activity. The more one engages in the activity, reflects on the activity, and receives useful feedback regarding that activity, the more likely one is to develop confidence and competence in oneself as a counsellor. While there are several facets to a counselling practicum, it is imperative that one have sufficient experience in supervised individual counselling.

**COURSE TEXTS**

Readings determined by practicum experience

**COURSE FORMAT**

This course consists of three main components:

- 1) Attendance at a supervised practicum site four days per week
- 2) Individual/pair supervision with your university supervisor
- 3) Attendance at a weekly seminar

The majority of seminar time will be spent discussing issues and concerns related to your counselling experiences, viewing video-tapes of counselling sessions, and presentations of case studies. Issues related to the counselling profession will also be addressed. A climate of trust, support and cooperation is encouraged.

Courses involve more than the presentation and acquisition of information. Learning is a social activity and regular attendance is required. If, in exceptional circumstances, classes must be missed, students are expected to inform the course instructor.

## COURSE REQUIREMENTS

The evaluation of this course is a **Pass/Fail/Incomplete**. A pass in this course requires you to successfully complete the 500 hours of supervised practice, and the required hours of individual and group contact hours as outlined in the *Seminar and Practicum Handbook*. In addition, you must meet the following requirements to successfully complete EDUC 5066.

- 1) Class attendance and participation. If concerns arise regarding your attendance at supervision, the practicum seminar or your practicum site you may be asked to withdraw from your practicum.
- 2) Adhere to the CCA *Code of Ethics and Standards of Practice*.
- 3) A minimum of three digital video (preferred) or digital audiotapes of individual counselling sessions. These recorded sessions will be supervised by your university supervisor at scheduled times either in the group setting or in individual/pair supervision.
- 4) Two samples of case notes will be submitted during your supervisions (One on or before February 13, 2009 and one on or before March 13, 2009). We will review these case notes together. Please bring three copies to supervision and to ensure confidentiality, omit any information that might identify your client.
- 5) One formal case study. See the *Handbook* for an outline of how to construct a case study. Case studies will be scheduled during class time and should ideally be accompanied by a video (one of your required three).
- 6) A written journal of personal concerns and experiences that arise from the readings, seminar discussions and practicum experiences.
- 7) You will keep a log of your activities at your practicum sites. This log should contain a brief one line account of what you did each hour of each day you attended your practicum. At the end of each day, you should tally the number of contact hours for that day as well as a cumulative accounting of on-going contact hours.

## EVALUATION SOURCES

A passing grade will be assessed upon the following: tapes; case notes; journal; case study; feedback from supervisors; attendance and participation; and successfully completing your practicum. The course instructor has the sole responsibility for evaluation. Grading procedures are discussed in the Handbook on the Seminar and Practicum. Failure to meet all requirements, including class attendance, could result in an incomplete grade or failure.

If you are a student with a documented disability who anticipates needing accommodations in this class, please inform me after you meet with Jill Davies or Suzanne Robicheau in Disability/Access Services in the Student Resource Centre, lower

floor of the old SUB. [jill.davies@acadiau.ca](mailto:jill.davies@acadiau.ca) 585-1127 or [suzanne.robicheau@acadiau.ca](mailto:suzanne.robicheau@acadiau.ca) 585-1913.

### **SCHEDULE OF CLASSES AND SUPERVISIONS**

For those having supervision during the week, please let your practicum site supervisor know so that it does not conflict with their scheduling.

January 15      Supervision and Seminar

January 22      Supervision and Seminar

January 29      Supervision and Seminar

February 3      Supervision and Seminar

February 10     Supervision and Seminar

February 17     Supervision and Seminar

February 24     Break

March 1          Supervision and Seminar

March 8          Supervision and Seminar

March 15         Supervision and Seminar

March 22         Supervision and Seminar

March 29         Supervision and Seminar

April 3           Supervision and Seminar

<b>Date</b>	<b>Time</b>	<b>Scheduled Activity</b>	<b>Assignment Due</b>	<b>Supervision Members</b>
Jan 9, 2009	9-12	Seminar		
Jan 13, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Jan 20, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Jan 27, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Feb 6, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Feb 13, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Feb 20, 2009		No Class		
Feb 27, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Mar 6, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Mar 13, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Mar 20, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Mar 27, 2009	9-10:30	Supervision	Videos	
	10:30-12	Seminar		
Apr 3, 2009	9-12	Seminar	Videos	